

Anrudern 2009		Datum 29.03.2009	Abfahrt 11:41:00	Ankunft 14:33:53	Bonn-Beuel / Köln-Mülheim 39km		
Ruderkilometer	Ruderzeit	Ort	Rheinkilometer	Uhrzeit	Luftline zwischen Messpunkten	Zeit / 1000m	Geschwindigkeit
			<i>km</i>		<i>m</i>	<i>Minuten</i>	<i>km/h</i>
0	00:00:00	Bonn-Beuel	653,5	11:41:00	500		
1	00:05:11		654	11:46:11	972	00:05:11	11,58
2	00:09:44	Bonn / Kennedybrücke	655	11:50:44	1000	00:04:33	13,19
3	00:13:48		656	11:54:48	980	00:04:04	14,75
4	00:17:40		657	11:58:40	988	00:03:52	15,52
5	00:23:15		658	12:04:15	998	00:05:35	10,75
6	00:26:58		659	12:07:58	1000	00:03:43	16,14
7	00:30:32	Rheinfähre Mondorf	660	12:11:32	1000	00:03:34	16,82
8	00:34:33		661	12:15:33	990	00:04:01	14,94
9	00:38:36		662	12:19:36	929	00:04:03	14,81
10	00:42:39		663	12:23:39	984	00:04:03	14,81
11	00:46:32		664	12:27:32	945	00:03:53	15,45
12	00:50:25		665	12:31:25	921	00:03:53	15,45
13	00:55:32		666	12:36:32	990	00:05:07	11,73
14	01:00:46		667	12:41:46	994	00:05:14	11,46
15	01:05:15		668	12:46:15	991	00:04:29	13,38
16	01:09:34		669	12:50:34	988	00:04:19	13,90
17	01:13:54		670	12:54:54	986	00:04:20	13,85
18	01:18:03		671	12:59:03	990	00:04:09	14,46
19	01:23:07	Wesseling / Hafen	672	13:04:07	992	00:05:04	11,84
20	01:29:53		673	13:10:53	988	00:06:46	8,87
21	01:36:16		674	13:17:16	970	00:06:23	9,40
22	01:39:59	Bootshaus Sürth	675	13:20:59	982	00:03:43	16,14
23	01:43:41		676	13:24:41	989	00:03:42	16,22
24	01:48:13	Porz / Groov	677	13:29:13	998	00:04:32	13,24
25	01:52:10		678	13:33:10	977	00:03:57	15,19
26	01:56:07		679	13:37:07	997	00:03:57	15,19
27	01:59:46		680	13:40:46	982	00:03:39	16,44
28	02:04:21		681	13:45:21	982	00:04:35	13,09
29	02:09:48		682	13:50:48	944	00:05:27	11,01
30	02:13:49	Rodenkirchen / Autobahn	683	13:54:49	938	00:04:01	14,94
31	02:17:33		684	13:58:33	981	00:03:44	16,07
32	02:21:19	Südbrücke	685	14:02:19	990	00:03:46	15,93
33	02:25:56		686	14:06:56	993	00:04:37	13,00
34	02:30:33		687	14:11:33	990	00:04:37	13,00
35	02:34:48	Deutzer Brücke	688	14:15:48	951	00:04:15	14,12
36	02:39:47		689	14:20:47	972	00:04:59	12,04
37	02:44:02	Zoobrücke	690	14:25:02	985	00:04:15	14,12
38	02:48:53		691	14:29:53	984	00:04:51	12,37
39	02:52:53	Bootshaus	692,5	14:33:53	1269	00:04:00	15,00

Durchschnitt	
00:04:26	13,53
<i>min / 1000m</i>	<i>km/h</i>

Poseidon	Platz
Reiner Borngässer	Steuermann
Günther Worm	4
Ursula Siewert	3
Heike Wehner	2
Udo Wehner	1